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Activities Organized by Amman Arab University to Combat Smoking and Their Participation

Activity Title	Activity Date	Target Group	Participating Entities	Activity Outcomes	Activity Link
Participation in the General Assembly Meeting of the Jordanian Universities Union Against Tobacco and Smoking.	2/24 2023/	Jordanian Universities	Jordanian Universities Union Against Tobacco and Smoking	Review of the executive plan for the Association's change package, focusing on unifying efforts among universities to deepen health awareness about the harms of smoking and the benefits of quitting, as well as developing strategies to assist in smoking cessation.	جامعة عمان العربية تشارك بفاعلية في مكافحة التبغ والتدخين Amman Arab University (aau.edu.jo)
Organization of a Training Workshop titled "Step by Step to Quit Smoking"	12/30 2023/	Students and Graduates of the Faculty of Pharmacy / Amman Arab University.	Graduates of the Faculty of Pharmacy / Amman Arab University, currently graduate students at Al-Zaytoona University.	Introduction to forms of smoking, its harms, and dangers to health, the environment, and the economy. Emphasis on the risks of smoking on various body systems including respiratory, circulatory, and immune systems, and the impact of secondhand smoke on smokers and those around them.	صيدلة عمان العربية تنظم خطوة بخطوة للإقلاع "ورشة لطلبة الجامعة" عن التدخين Amman Arab University (aau.edu.jo)



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Organization of a Training Visit for Anti-Smoking Officers to the Anti-Smoking Clinic at the Health Center affiliated with the Ministry of Health	1/28 2024/	Students of the Faculty of Pharmacy.	Health Center Clinics / Jubeiha Branch.	Training for anti-smoking officers at the Faculty of Pharmacy, accompanied by PharmD. Celine Abu Ghosh.	مستمرة "عمان العربية" صيدلة بجهودها للوصول إلى حرم جامعي خال من التدخين Amman Arab University (aau.edu.jo)
Organization of a Specialized Training Course on the Harms of Smoking at Amman Arab University	/2/16-15 2024	Students from Jordanian Universities	Hussein Cancer Center and Jordanian Universities Union Against Tobacco and Smoking.	Building knowledge related to tobacco and nicotine products and their health effects. Participants were introduced to harmful components of cigarettes and modern types of e-cigarettes that cause similar health damage to traditional cigarettes.	دورة تدريبية نوعية حول "أضرار التدخين في جامعة" Amman Arab University (aau.edu.jo)



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Participation in the 13th Scientific Day for Smoking Control "Are E-Cigarettes a Healthy Alternative?"	5/8 2024/	Students from Jordanian Universities.	Jordanian Universities.	Raising awareness about the harms of e-cigarettes.	https://www.aau.edu.jo/ar/news/31295
Organization of the First Awareness Day Against Smoking.	5/21 2024/	Students and Employees of Amman Arab University.	Ministry of Health, Hussein Cancer Center, and Jordanian Universities Union Against Tobacco and Smoking	High turnout of students and employees at the smoking cessation clinic. Several students quit smoking. Success stories shared about quitting smoking.	https://www.aau.edu.jo/ar/news/31127



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Supportive Activities for Smoking Cessation Conducted by Amman Arab University Through the Supreme Committee for Smoking Cessation.					
Activity Title	Activity Date	Target Group	Participating Entities	Activity Outcomes	بث فيديوهات توعوية
Broadcasting Awareness Videos	23/1/2024	Students and Employees of Amman Arab University and the Local Community.	Faculty of Pharmacy / Amman Arab University, Ph. Ayah Al-Hourani.	Raising awareness about the risks of smoking.	https://www.facebook.com/share/v/K3zKu5TJhrHsPF1P/?mibextid=WC7FNe
Creating a Short Video to Survey Students' Opinions on Smoking.	13/1/2024	Students of Amman Arab University.	Faculty of Pharmacy / Amman Arab University, Ph. Celine Abu Ghosh.	Surveying students' opinions on smoking.	https://www.facebook.com/share/v/aJtbmxGKypR85jUn/?mibextid=WC7FNe
Preparing a Survey Study to Determine the Percentage of Smokers at the University.	Dec 7, 2023	Students and Employees of Amman Arab University.	Faculty of Pharmacy / Amman Arab University, Prof. Rana Abu Hweij.	The research has been prepared and is in the final stages for publication: "Investigating Vaping Habits and Perceptions Among Young Adults in University Community." A research guide was provided to emphasize the need for a smoking cessation clinic at the university.	Editorial System - Scientific manuscripts submission and peer review
Participation in Best Media Poster Competition.	5/8 2024/	Students from Jordanian Universities.	Jordanian Universities	Student Nour Al-Huda Saleh Mustafa from the Faculty of Pharmacy.	تشارك باليوم "عمان العربية" العلمي الثالث عشر لمكافحة التدخين Amman Arab University (aau.edu.jo)



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Adding a Chapter or Topic in the National Education Course.	20/12/2023	Students from Jordanian Universities.	Faculty of Education and Sciences	All students were taught a mandatory course to raise awareness about the harms of smoking.	file:///C:/Users/virtual.parmacy/Desktop/440.pdf
Establishment of a Smoking Cessation Clinic	20/12/2023	Students and Employees of Amman Arab University.	Amman Arab University	High turnout of students and employees at the smoking cessation clinic.	file:///C:/Users/virtual.parmacy/Desktop/442.pdf
Adoption of Special Anti-Smoking Regulations.	20/12/2024	Students and Employees of Amman Arab University.	Amman Arab University	Dissemination of regulations in preparation for implementation and penalizing violators.	file:///C:/Users/virtual.parmacy/Desktop/553.pdf
Publishing an Awareness Announcement by the Public Relations Department Monthly.	20/12/2023	Students and Employees of Amman Arab University.	Amman Arab University	Increased awareness of the risks of smoking and adopting a university policy towards a smoke-free campus.	https://www.facebook.com/share/v/K3zKu5TJhrHsPF1P/?mibextid=WC7FNe https://www.facebook.com/share/v/aJtbmxGKypR85jUn/?mibextid=WC7FNe https://www.facebook.com/share/r/LYfkEPB2u5YxcKjV/?mibextid=WC7FNe https://www.facebook.com/share/zioj7vnpNgX32VNq/?mibextid=WC7FNe