

Date: 25/1/2025



SUHAILA BANAT

PERSONAL INFORMATION

Faculty Member Name: Suhaila Banat

Academic Rank: Full Professor

College: Educational Sciences

Department: Educational Psychology and Psychological and Educational Counseling

Nationality: Jordanian

Address: Ain Al-Basha

Phone No: 0795024543

E-mail: dr.s_banat@yahoo.com / suhaileh@aau.edu.jo

ACADEMIC QUALIFICATIONS

Degrees with fields, institution, and date

- **Bachelor's Degree** in Counseling and Mental Health, University of Jordan, 1994.
- **Master's Degree** in Psychological and Educational Counseling, University of Jordan, 1997.
- **Doctorate** in Psychological and Educational Counseling, University of Jordan, 2004.
"The effect of Problem-Solving and communicating Skills in improving adjustment and self-esteem of abused women and reducing the level of domestic violence."

ACADEMIC EXPERIENCE

- Duration: 14 years
- University: Amman Arab University
- Academic Rank: Professor
- Date the rank was granted: 27/6/2022
- The body granting the rank: Amman Arab University
- College: Educational and Physiological Sciences
- Country: Jordan

NON-ACADEMIC EXPERIENCE

- Duration: Student Counselor
- Institution: Amman Arab University



CERTIFICATIONS OR PROFESSIONAL REGISTRATIONS

- **Professional License Certificate** as a Specialist in Counseling from the Ministry of Health, 2020.

CURRENT MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- Member of the Jordanian Psychological Association, Rabieh.
- Member of the Association for the Care of the Deaf, Jabal Al-Hussein.
- Member of the Scientific Committee of the Jordanian Psychological Association since 2011.
- Member of the Jordanian Association for Palliative Care and Pain Management.
- Member of the Preparatory Committee for the Regional Workshop on Family Counseling in collaboration with the National Council for Family Affairs.
- Member of the Preparatory Committee for the symposium *"The Role of Media in Reducing Community Violence"* held on Monday, 8/12/2014.
- Member of the Preparatory Committee for the symposium *"Professionalizing Education"* held on Wednesday, 7/1/2015.
- Member of the Preparatory Committee for the Founding Meeting of the Arab Union for Psychological Sciences on 18-19/8/2015.
- Founding Member of the Arab Union for Psychological Sciences on 18-19/8/2015.
- Member of the Anti-Smoking Committee for the academic year 2016/2017.
- Vice President of the Jordanian Psychological Association from 7/8/2017 to 2021.
- Member of the Arab Association for Awareness of Dangerous Drugs and Drug Prevention since 2/6/2018 to present.

HONORS AND AWARDS

- Winner of the **Engineer Nabil Barakat Award** for Excellence in the Doctoral Program at the University of Jordan, 2004.
- **Shield of Appreciation** from Amman Arab University as an Ideal Mother for Students, 23/3/2015.

SERVICE ACTIVITIES

- Participated in the **First Counseling Conference**, "Together to Stop Bullying," in collaboration with Independent International Schools, discussing the forms and causes of bullying, on Saturday, 6/4/2019.

- Participated in a **Self-Assessment Workshop** at Abu Nseir Mixed School on Wednesday, 10/4/2019.
- Conducted a **training workshop** titled "Keys to Marital Happiness" on Saturday, 20/4/2019, aimed at master's students in the Faculty of Educational and Psychological Sciences.
- Conducted a training workshop titled "**Psychological Resilience**" on Saturday, 27/4/2019, for master's students at the Faculty of Educational and Psychological Sciences.
- Chaired the first session, focused on "**The Role of Psychological and Educational Counseling in Educational Advancement**," on Tuesday, 30/4/2019, at the Fifth International Scientific Conference, "Prospects of Scientific Research and Education Development Amid Contemporary Challenges," held at Amman Arab University, 29-30/4/2019.
- Delivered a workshop titled "**Strategies for Coping with Psychological Stress**" for mothers and women at the Rehana Family Association, in celebration of World Mental Health Day, on Wednesday, 9/10/2019.
- Conducted a workshop titled "**Journey from Pain to Hope**" as part of the scientific day organized by the Jordanian Scientific Association for Psychology in celebration of World Mental Health Day, themed "On the Edge of Hope," on Wednesday, 23/10/2019.
- Delivered a workshop titled "**Psychodrama Techniques**" as part of the scientific day organized by the Jordanian Association for Psychology, on Saturday, 15/2/2020, targeting counselors and psychotherapy specialists.
- Managed and conducted a training course titled "**Strategies for Coping with Psychological Stress**" from 8-15/4/2020, in coordination with the Jordanian Association for Psychology and the King Abdullah II Fund at Amman Arab University, targeting institutions, university students, and the local community. It was conducted online.
- Conducted a workshop titled "**Coping with Psychological Stress**" on 29/5/2020, for youth at SOS Villages.
- Delivered a workshop for Mexican and Jordanian women titled "**Psychological Support Amid the COVID-19 Pandemic**" at the Mexican Embassy on Thursday, 11/3/2021.
- Conducted a workshop titled "**Dealing with Students and Academic Counseling**" for faculty members at Amman Arab University on Sunday, 12/9/2021.
- Delivered a workshop titled "**Psychological Resilience**" for Mexican women at the Mexican Embassy on Wednesday, 9/3/2022.
- Conducted a workshop at Sakinah Bint Al-Hussein School in Ain Al-Basha, titled "**Coping with Life Stress**," for mothers and teachers, on Saturday, 23/4/2022.
- Participated in a workshop on "**Exam Anxiety**," targeting students and teachers at Sakinah Bint Al-Hussein School, on 10/5/2022.
- Conducted a workshop titled "**Psychological Resilience**" for Amman Arab University students, on 25/10/2022.

- Participated in the **16-Day Campaign to End Violence Against Women** with Greater Amman Municipality, on 27/11/2022.
- Delivered a training workshop for the Educational Counseling Department titled **"Facing and Managing Stress with Practical Applications for Behavior Modification,"** in December 2022.
- Conducted a training workshop titled **"Psychological Resilience"** on Saturday, 27/4/2019, for master's students at the Faculty of Educational and Psychological Sciences.
- Chaired the first session, focused on **"The Role of Psychological and Educational Counseling in Educational Advancement,"** on Tuesday, 30/4/2019, at the Fifth International Scientific Conference, "Prospects of Scientific Research and Education Development Amid Contemporary Challenges," held at Amman Arab University, 29-30/4/2019.
- Delivered a workshop titled **"Strategies for Coping with Psychological Stress"** for mothers and women at the Rehana Family Association, in celebration of World Mental Health Day, on Wednesday, 9/10/2019.
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- Conducted a workshop titled **"Coping with Psychological Stress"** on 29/5/2020, for youth at SOS Villages.
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- Delivered a workshop titled **"Psychological Resilience"** for Mexican women at the Mexican Embassy on Wednesday, 9/3/2022.
- Conducted a workshop at Sakinah Bint Al-Hussein School in Ain Al-Basha, titled **"Coping with Life Stress,"** for mothers and teachers, on Saturday, 23/4/2022.
- Participated in a workshop on **"Exam Anxiety,"** targeting students and teachers at Sakinah Bint Al-Hussein School, on 10/5/2022.
- Conducted a workshop titled **"Psychological Resilience"** for Amman Arab University students, on 25/10/2022.

- Participated in the **16-Day Campaign to End Violence Against Women** with Greater Amman Municipality, on 27/11/2022.
- Delivered a training workshop for the Educational Counseling Department titled **"Facing and Managing Stress with Practical Applications for Behavior Modification,"** in December 2022.
- Prepared a series of awareness videos on COVID-19 for the local community, published on Amman Arab University's platforms during March, April, and May 2020.
- Delivered a lecture titled **"Coping with Psychological Stress"** at the Al-Ghor Al-Safi Youth Center on 11/3/2020.
- Participated with a paper at the National Council for Family Affairs titled **"The Social Impact of the COVID-19 Pandemic on Families"** on 19/8/2020.
- Contributed to the second Family Advisory Forum organized by the Women and Children Training and Empowerment Forum in collaboration with the Al-Rakhwaa Businessmen Association, discussing **"Psychological Impacts of Post-Divorce on Spouses and Children"** on 22/8/2020.
- Delivered a lecture on **"Family Counseling"** for counselors and specialists, in coordination with the Jordanian Psychological Association, on 23/8/2020.
- Participated in a discussion session titled **"Exploitation of Girls Online"** in collaboration with Plan International on Wednesday, 7/10/2020.
- Delivered a lecture titled **"My Mental Health"** for students of the University of Jordan, Amman Arab University, and alumni on Monday, 26/10/2020.
- Participated in a symposium during the **16-Day Campaign to End Violence Against Women** in collaboration with Greater Amman Municipality on 29/11/2020.
- Supervised a workshop titled **"Immunization Against Stress"** held at University Schools III on Saturday, 5/12/2020.
- Participated in the first Educational Forum of the Faculty of Educational and Psychological Sciences at Amman Arab University with a research paper titled **"Psychological Impacts on Families During the COVID-19 Pandemic"** on 15/12/2020.
- Participated in an online seminar by the Syrian American Medical Society (SAMS) titled **"Psychological, Social, and Physical Impacts of Overusing Digital Devices"** on Monday, 21/12/2020.
- Contributed to an online lecture by Rafaa Academy for Parental Empowerment and Consulting titled **"Children's Attachment to Video Games and Screens: Risks and Solutions"** on Sunday, 17/1/2021.
- Participated in the dialogue symposium **"COVID-19 and Its Psychological Impacts on Families,"** organized by the Department of Psychological and Educational Counseling at Princess Alia College, Al-Balqa Applied University, on Saturday, 27/3/2021.
- Participated in the second counseling forum organized by the Independent Schools International titled **"Distance Education and Learning"** on Thursday, 20/5/2021.

- Contributed to a symposium titled "**Her Place and Status**" as part of the 16-Day Campaign to End Violence Against Women on 28/11/2021.
- Conducted a workshop for candidates of the Jordanian licensing exam in psychological and educational counseling titled "**Family Counseling**" on Thursday, 24/2/2022.
- Participated in the scientific symposium "**Raising Awareness of Parents of Gifted Children: An Inevitable Responsibility**," organized by the Arab Council for Gifted and Talented, with a lecture titled "**The Needs and Problems of Gifted Students and How Parents and Families Should Address Them**" on Saturday, 2/7/2022.
- Conducted another workshop for candidates of the Jordanian licensing exam in psychological and educational counseling titled "**Family Counseling**" on 11/8/2022.
- Taught a course on **Family Counseling** at the Forum for Training and Empowering Women and Children from 20/2 to 20/6/2022.
- Currently teaching a course on **Marriage Counseling** at the Forum for Training and Empowering Women and Children since 18/9/2022.
- Delivered a workshop for specialists preparing for the licensing exam in cooperation with the Jordanian Psychological Association on Monday, 9/1/2023.
- Participated in a seminar titled "**Say No to Bullying**" at the Latin Patriarchate School in Fuheis on Monday, 20/3/2023.
- Organized a workshop in collaboration with the Deanship of Student Affairs titled "**Critical Thinking and Problem Solving**" on 14/5/2023.
- Delivered two lectures in the psychological module for couples preparing for marriage in collaboration with the Supreme Judge Department on 15-16/9/2023.
- Served as a research judge for student projects during the fourth counseling forum for Independent Schools titled "**The Family: A Foundation for Life**" on 30/9/2023.
- Presented at the **World Mental Health Day Scientific Symposium**, invited by the Jordanian Psychological Association, with a lecture titled "**Family and Mental Health**" on 10/10/2023.
- Conducted a workshop titled "**Mental Health: How to Maintain Psychological Well-being**" for students, graduates, and the local community on 22/11/2023.
- Delivered a workshop titled "**Accepting Others and Fighting Discrimination**" on 12/12/2023.
- Conducted a training course titled "**Mood Management**" at Amman Arab University on 25/3/2024.
- Delivered a lecture titled "**The Counseling Profession**" for students at Orthodox National Schools on 13/3/2024.
- Participated in a lecture titled "**Human Trafficking**" in collaboration with the Faculty of Educational and Psychological Sciences, the Crown Prince Foundation, and the Public Security Directorate on Wednesday, 31/7/2024.

- Delivered a lecture at Al-Khansa School for 11th and 12th-grade students titled "**Mental Health in Schools**" on World Mental Health Day, Thursday, 10/10/2024.
- Organized a workshop titled "**From Pain to Hope**" for university students and the local community on 29/10/2024.
- Delivered a lecture at Baqaa Preparatory School titled "**Early Marriage**" on 14/11/2024.
- Conducted a workshop titled "**Conflict Resolution Skills and Promoting Positive Behavior**" for university students and the local community on 19/11/2024.
- Delivered a workshop titled "**Protecting Our Children from Bullying**" at Latin Patriarchate Schools in Fuheis on 25/11/2024.
- Conducted a training session titled "**Equality and Diversity**" at Amman Arab University on 17/12/2024.

THE MOST IMPORTANT PUBLICATIONS IN LAST FIVE YEARS

-Authors (in order) | Title | Conference | Country/City | Date-

1. **Banat, Suhaila; Gheit, Souad; Al-Freihat, Ammar; Ismail, Tasneem; Al-Banna, Mohamed** | The Reality of Integrating Spirituality in Psychological and Educational Counseling in Jordanian Schools | *Journal of Studies in Educational Sciences* | Jordan | 2019
2. **Al-Blawna, Rady; Banat, Suhaila** | Strategies for Dealing with Stress and its Relationship with Marital Adjustment Among Judges in Jordan | *Journal of Studies in Educational Sciences* | Jordan | 2019
3. **Al-Momani, Amani; Banat, Suhaila** | The Level of Positive Thinking Practice and its Relationship with Loss Feelings Among Mothers Whose Children Have Died in Jordan | *Arab Journal of Sciences and Research Publications* | Jordan | 2019
4. **Banat, S.; Sarhan, W.; Taj, H.; Al-Shoubaki, N.** | The Effectiveness of a Group Counseling Program in Enhancing the Ability to Form Friendships Among Academically Talented Students | *Journal for Education of Gifted Young Scientists* | Turkey | 2020
5. **Banat, Suhaila; Al-Sharifin, Ahmad; Al-Jawalda, Fouad** | Strategies for Dealing with Stress Among Widowed Women in Jordan | *Jordanian Journal of Applied Sciences/ Applied Science Private University* | Jordan | 2020
6. **Banat, S.; Sarhan, W.; Abu Darweesh, M.** | Perceived Occupational Stressors and its Relationship with Happiness Among Working Women in Jordan | *Dirasat: Human and Social Sciences* | Jordan | 2020

7. **Banat, Suhaila; Arabyat, Rand; Nasrawin, Moein; Al-Naimat, Khawla** | Leadership Role and its Relationship with Personality Types Among Educational Counselors | *Journal of Studies in Educational Sciences* | Jordan | 2020
8. **Jouda, Nadia; Banat, Suhaila** | Body Image Satisfaction and its Relationship with the Reasons Young Women Choose to Undergo Cosmetic Surgery | *Arab Journal of Sciences and Research Publications* | Jordan | 2020
9. **Sarhan, Wafa; Banat, Suhaila; Al-Shatrat, Waleed** | Counseling Students' Perceptions of Using Creative Techniques in Counseling Work | *Arab Journal of Sciences and Research Publications* | Jordan | 2021
10. **Abu Darweesh, Mona; Banat, Suhaila; Sarhan, Wafa; Al-Aid, Wafa** | Career Future Anxiety and its Relationship with Marital Future Anxiety Among University Students | *Iranian Journal of Psychiatry and Behavioral Sciences* | Iran | 2021
11. **Banat, Suhaila; Arabyat, Rand; Al-Blawna, Rady; Al-Blawna, Khadijah** | Professional Competencies of Counselors Working in Family Reconciliation Offices and their Role in Family Adjustment | *Journal of Studies in Humanities and Social Sciences* | Jordan | 2021
12. **Atoum, Saba; Banat, Suhaila** | Causes of Divorce Before Marriage and its Relationship with Communication Skills Among Divorced Couples Seeking Family Reconciliation Services in Jordan | *Arab Journal of Sciences and Research Publications* | Jordan | 2021
13. **Banat, Suhaila** | Cyberbullying Among University Students in Jordan | *Educational Journal of the Faculty of Education, Sohag University* | Egypt | 2021
14. **Banat, Suhaila** | Identity Cases Among Juvenile Delinquents in Jordan | *Arab Journal of Sciences and Research Publications* | Jordan | 2022
15. **Banat, Suhaila; Al-Amoosh, Maram** | Post-Traumatic Stress Disorder and its Relationship with Social Participation Among Refugees who are Victims of Torture | *Arab Journal of Sciences and Research Publications* | Jordan | 2022
16. **Banat, Suhaila; Sarhan, Wafa; Al-Sharifin, Ahmad** | Modeling the Relationships Between Parental Marriage Perceptions, Attachment Behaviors, and Marital Satisfaction Among Couples in Jordan | *Journal of Studies in Educational Sciences* | Jordan | 2022
17. **Banat, Suhaila; Al-Anouseh, Ali** | Forms of Abuse and their Relationship with Social and Psychological Adjustment Among Students in Jordan | *Journal of Educational and Psychological Sciences* | Jordan | 2022
18. **Banat, Suhaila; Al-Khza'leh, Shaima** | Emotional Exhaustion and its Relationship with Job Satisfaction Among Mental Health Workers in Syrian Refugee Camps in Jordan | *Journal of the University of Amman Arab Researches* | Jordan | 2022
19. **Banat, Suhaila; Ata, Zainab** | Effectiveness of an Existential Therapy-Based Group Counseling Program in Improving Mental Health Among Students of the University of Amman Arab | *Journal of the University of Amman Arab Researches* | Jordan | 2022

20. **Banat, Suhaila; Bajawi, Othman** | Family Climate and its Relationship with Internet Addiction Among Upper Primary School Students in the University District of Jordan | *Journal of the University of Amman Arab Researches* | Jordan | 2022
21. **Ahmad, Sariwi; Banat, Suhaila** | Marital Life Quality and its Relationship with Obsessive-Compulsive Personality Disorder Among Women in Irbid and Amman, Jordan | *International Journal of Psychological and Educational Researches* | Jordan | 2022
22. **Aql, Yasmeen; Banat, Suhaila** | Communication Styles According to Satir and their Relationship with Emotional Divorce Among Couples Seeking Family Reconciliation in Amman | *The American Journal* | USA | July 2023
23. **Al-Mousa, Nusaiba; Jaloudi, Asma; Abu Suleiman, Bahjat; Tarawneh, Hussein; Banat, Suhaila** | Inner Child, Self-Esteem, and Mental Health in Jordanian University Students | *Information Science Letters: An International Journal* | Online | 2023
24. **Al-Smadi, Manal; Banat, Suhaila; Al-Adarbeh, Khawla; Al-Bawareed, Khaled** | Psychological Stress and its Relationship with Marital Adjustment Among Working Women in Jordan | *Migration Letters* | Online | 2023
25. **Sarhan, Wafa; Banat, Suhaila; Al-Smadi, Manal; Hemedan, Nabil; Nassar, Mohammad** | Cognitive Abnormalities Among Juvenile Drug Users in Jordan | *Human and Social Sciences* | Online | 2023
26. **Aldames, Wafa; Banat, Suhaila; Alwaely, Suad; Albawareed, Khaled; Ashour, Lina** | The Predictive Ability of a Supervisory Style on Employee Well-Being and Creativity at the Jordanian Potash Company | *Migration Letters* | Online | 2023
27. **Banat, Suhaila; Al-Taj, Heyam; Sarhan, Wafa; Hemedan, Nabil; Nassar, Mohammad** | Self-Compassion and its Relationship to Identity Status Among Juvenile Delinquents in Jordan | *Migration Letters* | Online | 2024
28. **Banat, Suhaila; Hamada, Hooriya** | Mental Well-Being and its Relationship with Family Functioning Among Married Employees in the Ministry of Health in Jordan | *Journal of the University of Amman Arab* | Jordan | 2024
29. **Banat, Suhaila; Al-Nisour, Ghoroub** | Psychological Resilience and its Relationship with Lifestyle Among Abused Women in Jordan | *Journal of the University of Amman Arab* | Jordan | 2024
30. **Banat, Suhaila; Bani Salama, Qutaiba** | Marital Relations According to Gottman's Theory and their Relationship with Marital Satisfaction | *Journal of the University of Amman Arab* | Jordan | 2024
31. **Al-Smadi, Manal; Banat, Suhaila; Sarhan, Wafa** | Family Climate and its Relationship to Psychological Resilience Among Counseling Students in Jordan | *International Journal of Adolescence and Youth* | Online | 2024
32. **Dames, Wafa; Banat, Suhaila; Alwaely, Suad; Ahmad, Khaled; Ashour, Lina** | Body Image and Self-Acceptance as Predictors for Psychosocial Performance Among Young Women in Jordan | *International Journal of Adolescence and Youth* | Online | 2024

33. **Hemedan, Nabil; Banat, Suhaila; Dames, Wafa; Almousa, Nusaiba; Albawareed, Khaled** | The Effect of Using Chat GPT on Learning Among Jordanian University Students | *ESIC* | Online | 2024
34. **Hemedan, Nabil; Banat, Suhaila** | The Technical Challenges in Achieving Value Awareness Among Graduate Students at King Khalid University | *Ramah for Research and Publishing* | Saudi Arabia | 2024

INSTITUTIONAL PROFESSIONAL DEVELOPMENT ACTIVITIES IN THE LAST FIVE YEARS

- Acceptance-Based Therapy Course in collaboration with the Syrian American Medical Society "SAMS" and the Jordanian Association of Psychology on Monday, 1/7/2019.
- University Competency Exam
- Jordanian Universities Law
- Presentation of the University Strategy and Discussion of the Strategic Plan
- Private Accreditation Standards
- Course titled "The Three Stages Model for Delivering Bad News in the Mental Health Sector" by Dr. Youssef Muslim on 23/10/2019.
- Course titled Art Therapy on 15/2/2020
- Course titled Neuropsychological Assessment and Diagnosis of Higher Psychological Functions on 15/2/2020
- Course titled Suicide Models and Psychological Approaches for Dealing with Them on 15/2/2020
- Workshop on Communication Skills on 2/3/2021
- Workshop on Curriculum Plans on 3/3/2021
- Workshop on Strategies for Remote Teaching on 9-10/3/2021
- Workshop on Preparing Tests on 17/3/2021
- Workshop titled Self-Care on 20/11/2022
- Attending a Workshop titled Domestic Violence on 4/12/2022
- Attending a Training Workshop titled "Creating Asynchronous Content for Courses," University of Amman Arab, Tuesday, 12/9/2023.
- Attending all courses organized by the Educational Development Center at the University for the academic year 2023/2024 for both the first and second semesters.
- Attending all courses held by the Educational Development Center at the University for faculty members for the academic years 2022-2025.
- **Participation in Local, Arab, and International Conferences:**

Authors (in order) | Title | Conference | Country/City | Date

1. Banat, Suheila, and Abbas, Mohammad | The Needs for Family Counseling in Families of Children with Disabilities | Journal of the Conference on Modern

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- Trends in Special Education | University of Amman Arab / Jordan | 12-13/11/2012
2. Al-Fraihat, Ammar, and Banat, Suheila | Burnout among Educational Counselors in Light of Some Variables | Conference on Psychological and Educational Counseling in Palestine: Its Reality and Future Prospects | Open University of Al-Quds / Palestine | 14-16/4/2014
 3. Banat, Suheila, and Gaith, Suad, and Al-Banna, Mohammad, and Al-Maharmeh, Lina | Teachers' Perception of Guidance Services Provided to Gifted and Outstanding Students in Schools | First Special Education Conference | University of Sharjah / UAE | 3-5/5/2016
 4. Banat, Suheila, and Al-Jawaldeh, Fouad, and Al-Tal, Suhair | The Feeling of Psychological Security and Its Relation to Conflict Resolution Styles among Outstanding Students | A Visionary Conference on Higher Education and Education in Light of Technological Challenges and the Information Revolution | University of Amman Arab / Jordan | 6-7/5/2017
 5. Banat, S., Manaa, N., and Hamad, G. | The Effectiveness of a Training Program on Improving the Quality of Life for Orphan Students of Foster Care Organizations in Jordan | International Conference on Education & Innovative Learning | Italy | 30/6 – 2/7/2018
 6. Banat, Suheila, and Al-Balawneh, Radi, and Al-Balawneh, Khadija | Burnout among Family Reform Counselors in Jordan | Fifth International Scientific Conference: "Prospects for the Development of Scientific Research and Education in the Context of Contemporary Challenges" | University of Amman Arab / Jordan | 29-30/4/2019
 7. Arabyat, Rand, and Banat, Suheila, and Al-Ajili, Shatha, and Al-Sawa, Nisiba | The Degree of Social Responsibility Practiced by Employees at the University of Amman Arab | Conference on Social Responsibility | Open University of Al-Quds and University of Amman Arab / Jordan | 3-4/11/2019
 8. Banat, Suheila, and Al-Shoubaki, Naifa, and Al-Amarin, Fadel | Reasons for Drug Use from the Perspective of University Students | Conference on Drugs: The Curse of the Age | University of Amman Arab / Jordan | 13/11/2019
 9. Banat, Suheila | The Importance of Educational and Psychological Counseling | Mechanisms of Educational Counseling in Facing Modern Challenges: Horizons and Prospects | Directorate of Education and Teaching in Salt / Educational Guidance Department | 8/3/2020
 10. Al-Maghrabi, Zaynab, and Banat, Suheila | Positive Self-Talk and Its Relation to Quality of Life among Jordanian Young Women with Chronic Skin Diseases | Sixth International Conference on Humanities (BAPIR) | Ankara / Turkey | 18-20/12/2020
 11. Al-Taj, Hiyam, and Nasrawin, Ma'in, and Al-Shakran, Rami, and Amari, Raedah, and Banat, Suheila, and Al-Aid, Wafa | The Level of Digital Skills among Students of the University of Amman Arab in Light of Some Variables | Scientific Research in the Digital Age | University of Amman Arab / Jordan | 5-6/6/2021

12. Banat, Suheila, and Jumani, Amal | Domestic Violence against Working Women during the Corona Pandemic and Its Relation to Burnout among Them in Amman | Fourth International Conference on Educational Sciences | Turkey | 28/10/2021 to 1/11/2021
13. Banat, Suheila, and Others | Mental Health and Its Relation to Distance Learning among Basic Education Students in Jordan | International Scientific Conference on "Contemporary Trends in Achieving Community Security in Light of Sharia and Educational Objectives" | University of Amman Arab, Amman, Jordan | 14-15/5/2022
14. Banat, Suheila, and Al-Souri, Mona | Anger Management Skills and Its Relation to Community Security among Youth in Jordan | International Scientific Conference on "Contemporary Trends in Achieving Community Security in Light of Sharia and Educational Objectives" | University of Amman Arab, Amman, Jordan | 14-15/5/2022
15. Banat, Suheila, and Sarhan, Wafa | Challenges and Pressures Faced by Female Leaders | Sixth International Scientific Conference: "The Muslim Woman in a Changing World" | Jordanian Scholars Association, University of Amman Arab | 24/7/2022
16. Banat, Suheila, and Jumani, Amal, and Hajiri, Razan | Psychological Capital and Its Relation to Lifestyle among Single Women in Jordan | Fifth International Conference on Social and Educational Sciences | Antalya, Turkey | Accepted, Date 10-14/11/2022
17. Banat, Suheila, and Al-Jaghoub, Nours | Cybersecurity Risks for Youth from Their Perspective | The Impact of Cybersecurity on National Security | University of Amman Arab - Jordan | 20-21/12/2022
18. Banat, Suheila, and Al-Sawa, Nisiba, and Al-Fayoumi, Khalil, and Al-Ajili, Shatha, and Bzaddough, Dina | Disability from an Islamic Educational Perspective | Contemporary Special Education: Visionary Perspectives and Challenges | University of Amman Arab | 25-26/4/2023
19. Aqel, Yasmeeen, and Banat, Suheila | Communication Styles According to Sattir and Its Relation to Emotional Divorce among Couples Seeking Family Reform Counseling in Amman | Conference on Women and the Arabic Language in Entrepreneurship and Digital Education | University of Amman Arab - Jordan | 20/5/2023
20. Banat, Suheila, and Ward, Al-Safawi | Family Support and Its Relation to Psychological Suffering among Adolescents Who Have Lost Their Mothers | The Role of Arab Universities as Hubs for Sustainable Development: Reality and Aspiration | University of Amman Arab | 29-30/8/2023
21. Banat, Suheila | Perceptions of Students in Educational and Psychological Guidance in Universities Regarding the Practice of Digital Counseling | Seventh International Conference on Social and Educational Sciences | Euro-Arab Organization for Environmental Research, Water, and Desert Studies | 13/9/2023

22. Abu Sha'ira, Khaled, and Banat, Suheila, and Al-Karamna, Mohammad | The Level of Knowledge Culture toward Environmental Responsibility and Its Relation to Aesthetic Education among Students of the Faculty of Educational and Psychological Sciences at the University of Amman Arab from Their Perspective | Second International Scientific Conference of the Arab Council for Sustainable Development | University of Amman Arab | 10/7/2024

RESEARCH LINK (Scopus and Google Scholar)

- <https://www.scopus.com/authid/detail.uri?authorId=55279784900>
- <https://scholar.google.com/citations?user=0njy2j8AAAAJ&hl=en>

LANGUAGES

- Arabic
- English